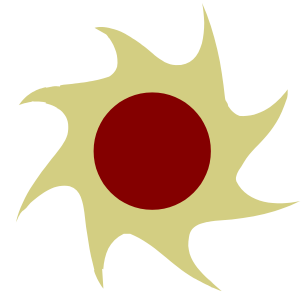


Job Title: **Personal Assistant**
Hours: **Various**
Responsible to: **the direct payments employer**



Role:

To work to enable, on a one-to-one basis, me as a disabled person in my own home, workplace and community.

To work to ensure I am able to carry out normal day-to-day activities (.e.g. working, socialising), and to ensure I am safe at all times.

To carry out domestic duties.

To enable me to travel, driving my car and working away from home when required.

To provide a wide range of physical assistance by transferring me when required such as lifting objects, assisting in the use of daily items, occasional personal care, use of a hoist. To push me in my manual wheelchair when needed.

To assist me to communicate when unable to do so unaided, and assist me to remember facts, appointments etc.

To work in an anti-racist, anti-sexist and non-homophobic manner.

Occasional personal care is also part of the job.

Skills:

Must have a clean driving license and be able to show flexibility and initiative. Must have a clear understanding of confidentiality and how to protect it.

Must have an understanding of independent living and the barriers to independence for disabled people.

Must be able to work to the social model of disability, and deliver assistance sensitively and discreetly.

Must be fluent in written and spoken English as part of the role is supporting me to communicate.

These tasks and skills are indicative, but not exhaustive. Essentially the postholder is to assist me in all aspects of my daily living.